



Step Up Health & Fitness Family Fun Run

Sunday 13 June 2010, 11.15am – Pittencrieff Park, Dunfermline

PERSONAL DETAILS

Name: M F

Address:

Post code:

Emergency Contact:
 Contact Phone No.:

Date of Birth: Age on 13/06/2010:

*Athletics Club:

PAYMENT

STEP UP HEALTH & FITNESS FAMILY FUN RUN @ £3 EACH

SPECIAL OFFER – BUY 4 FAMILY FUN RUN TICKETS FOR THE PRICE OF 3

TOTAL (payment enclosed)

All cheques should be made payable to the event organisers: **INTERLOQ LIMITED**

GENERAL INFORMATION

We cannot refund entry fees to runners who did not eventually take part in the race. No dogs, cyclists or prams are allowed on the course for the events. Runners are NOT required to register before the race. Please check your bank statement for confirmation of entry receipt. The Organisers reserve the right to limit and refuse entries.

MEDICAL ADVICE

If you suffer from any form of medical condition mark the front of your race number with a prominent waterproof cross, and list details of the condition on the back of your race number.

DECLARATION

I fully understand that I have entered this race at my own risk and that the Organisers and Sponsors will not be liable for any injury before, during or after the event. I declare that I am physically fit and waive and renounce any rights and claims for damages I may have against the Organisers, Sponsors and Charities for any loss/injury as a result of my participation in this event. I understand that for safety reasons race numbers for any of these events should NOT be given to runners who have not signed a declaration.

I understand that an adult MUST accompany runners under 9 years of age, and that runners under 16 years of age MUST have parental permission to take part. I accept that no refund can be given if the race has to be cancelled or postponed due to circumstances outside the Organisers' control.

Signature Date

(Parent / Guardians signature if under 16)

- Check this box if you do not wish to receive promotional material from Interloq Ltd about other related sporting events and offers. You can unsubscribe later if you change your mind.
- Check this box if you do not wish your contact details to be passed on to Sponsors or Charities associated with this event.

Please send the completed form and payment to the event organisers:
Interloq Ltd, 10B Cairneyhill Road, Crossford, Dunfermline, KY12 8NZ
 For more information please call the automated telephone service on **08701 212 345**.